

1 **2018 UK national guideline for the management of infection**
2 **with *Neisseria gonorrhoeae***

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4

5 **Changes since 2011 guideline**

- 6 • First line empirical treatment is now monotherapy with ceftriaxone 1g
7 intramuscularly
- 8 • If antimicrobial susceptibility test results are available prior to treatment and the
9 isolate is sensitive to ciprofloxacin, then this should be used for treatment in
10 preference to ceftriaxone
- 11 • Inclusion of testing recommendations in people following gender reconstructive
12 surgery
- 13 • Recommendations for extra-genital testing in those with suspected or confirmed
14 antimicrobial resistance
- 15 • Epidemiological treatment is recommended only for those presenting within 14
16 days of exposure. For those presenting after 14 days of exposure we recommend
17 treatment based on the results of testing.

18

19 **SCOPE AND PURPOSE**

20 This guideline offers recommendations for the diagnostic tests, treatment regimens
21 and health promotion principles needed for the effective management of
22 gonorrhoea in people aged 16 years and older. For individuals under the age of 16
23 years please see the [BASHH guideline on STI and Related Conditions in Children and](#)
24 [Young People](#). The guidelines are primarily aimed at level 3 sexual health services
25 within the United Kingdom (UK) although the principles of the recommendations
26 could be adopted at all levels.

27

28 **EDITORIAL INDEPENDENCE**

29 This guideline was commissioned and edited by the Clinical Effectiveness Group
30 (CEG) of the British Association for Sexual Health and HIV (BASHH), which provided
31 funding for the literature search. No other funding was obtained.

32

33 **CONFLICT OF INTEREST**

34 All authors have signed BASHH conflict of interest forms.

35

36 **AUTHOR AFFILIATION**

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42 London; Mark FitzGerald, Consultant in Sexual Health; Patient Representative.

43

44 **RIGOUR OF DEVELOPMENT**

45 This guideline was produced according to specifications set out in the CEG's 2015
46 document 'Framework for guideline development and assessment' outlined at
47 <https://www.bashh.org/bashh-groups/clinical-effectiveness-group/> and has been
48 updated by reviewing the previous gonorrhoea guideline (2011) and medical
49 literature since its publication. A MEDLINE search of published articles in English
50 language for the years 2009–18 was done using the subject headings 'gonorrhoea'
51 OR 'gonorrhea' OR 'Neisseria gonorrhoeae' AND 'therapy' OR 'treatment' OR
52 'therapeutics' OR 'resistance' OR 'anti-bacterial agents' OR 'antibiotics' OR 'failure'
53 OR 'toxicity'. All entries in the English language or with abstracts in English were
54 viewed because of the paucity of 'clinical trials' or 'reviews'. The Cochrane Database
55 of Systematic Reviews, Database of Abstracts of Reviews of Effectiveness and
56 Cochrane Controlled Trials Register were reviewed using the textword 'gonorrhoea'
57 and all entries were considered. Abstracts from meetings in the relevant period were
58 hand-searched and considered. Priority was given to randomized controlled trials
59 and systematic review evidence. Recommendations were made and graded on the
60 basis of best available evidence. There is a scarcity of high quality evidence to guide
61 treatment recommendations and therefore, a meeting was held in June 2018 to
62 discuss and resolve differences in opinion surrounding treatment recommendations.
63 This was attended by representatives from the guideline writing group, the CEG, the

64 Gonococcal Resistance to Antimicrobials Surveillance Programme (GRASP) Steering
65 Group and the BASHH Bacterial Special Interest Group. Final agreement was
66 achieved by a majority decision following an open vote in this meeting. The draft
67 guideline was appraised with the AGREE instrument, posted on the BASHH website
68 for a consultation period of two months and piloted in a sample of clinics.

69

70 **PATIENT AND PUBLIC INVOLVEMENT**

71 A patient representative was a member of the writing group, attended writing group
72 meetings and was involved in the development of the guideline. In addition,
73 attendees for treatment of confirmed gonorrhoea at a specialist sexual health
74 service were consulted on treatment options (including epidemiological treatment)
75 and test of cure.

76

77 **AETIOLOGY**

78 Gonorrhoea is caused by the Gram-negative diplococcus *Neisseria gonorrhoeae*. The
79 primary sites of infection are the columnar epithelium-lined mucous membranes of
80 the urethra, endocervix, rectum, pharynx and conjunctiva. Transmission is by direct
81 inoculation of infected secretions from one mucous membrane to another.

82 Secondary infection to other anatomical sites, through systemic or transluminal
83 spread, can also occur.

84

85 **CLINICAL FEATURES¹⁻³**

86 Symptoms and signs of infection with gonorrhoea depend, in part, on the site of
87 infection. Co-existing infections and conditions such as *Chlamydia trachomatis*,
88 *Trichomonas vaginalis*, *Mycoplasma genitalium*, *Candida albicans* and bacterial
89 vaginosis, are not uncommon and these should be considered as a possible cause for
90 an individual's symptoms.

91

92 **Penile urethral infection**

93 Symptoms occur in over 90% of individuals, with discharge and/or dysuria appearing
94 two to five days following exposure. A mucopurulent urethral discharge is often

95 present on examination. Rarely, individuals may complain of testicular and
96 epididymal pain with tenderness and swelling present on examination.

97

98 **Female urethral infection**

99 Urethral infection may present with dysuria without urinary frequency.

100

101 **Endocervical infection**

102 The most common symptom, occurring in about 50% of individuals, is an increased
103 or altered vaginal discharge. In about a quarter of individuals, lower abdominal pain
104 is present. Gonorrhoea rarely causes intermenstrual bleeding and menorrhagia. On
105 examination, a mucopurulent endocervical discharge may be seen and easily
106 induced endocervical bleeding is a common finding. However, pelvic and lower
107 abdominal tenderness is an uncommon examination finding in the absence of
108 coinfection with *Chlamydia trachomatis*.

109

110 **Rectal infection**

111 Most cases are asymptomatic but symptoms may include anal discharge and
112 perianal/ anal pain or discomfort. Rectal infection in cisgender women is present in
113 up to a third of cases of urogenital infection but rarely in the absence of a history of
114 anal sex.

115

116 **Pharyngeal infection**

117 This is predominantly asymptomatic but is occasionally associated with a sore throat.

118

119 **Complicated infection**

120 Transluminal spread of *N. gonorrhoeae* from the urethra or endocervix may occur
121 and cause epididymo-orchitis, prostatitis or pelvic inflammatory disease (PID).

122 Haematogenous dissemination may occur from infected mucous membranes to
123 cause skin lesions, arthralgia, arthritis and tenosynovitis (disseminated gonococcal
124 infection). In a study involving nearly 4,000 cisgender women attending a sexual
125 health clinic in the UK, PID was reported in approximately 14% of those with
126 gonorrhoea.⁴

127

128 **DIAGNOSIS AND SPECIMEN COLLECTION**

129 This section should be read in conjunction with Public Health England's 'Guidance for
130 the detection of gonorrhoea in England', 2014.⁵ The diagnosis of gonorrhoea is
131 established by the detection of *N. gonorrhoeae* at an infected site, either by nucleic
132 acid amplification tests (NAATs) or by culture. The approach and method used to test
133 for gonorrhoea will be influenced by the clinical setting, storage and transport
134 system to the laboratory, local prevalence of infection and the range of tests
135 available in the laboratory. No test for gonorrhoea offers 100% sensitivity and
136 specificity.⁵⁻⁸

137

138 **Microscopy**

- 139 • Microscopy of Gram-stained genital specimens allows direct visualisation of *N.*
140 *gonorrhoeae* as monomorphic Gram-negative diplococci within
141 polymorphonuclear leukocytes.
- 142 • **Penile urethra**
 - 143 ○ Microscopy of urethral or meatal swab smears has good sensitivity (90–95%) in
144 people with discharge from the penile urethra and is recommended to facilitate
145 immediate presumptive diagnosis in these individuals (Grade 1C).¹
 - 146 ○ Microscopy of penile urethral smears in those without symptoms is less sensitive
147 (50–75%) therefore, it is not recommended in asymptomatic individuals (Grade
148 1C).¹
- 149 • **Female urethra and endocervix**
 - 150 ○ Microscopy has only 37–50% and 20% sensitivity compared with culture for
151 detecting gonorrhoea from endocervical and female urethral smears,
152 respectively.³
 - 153 ○ The sensitivity of cervical microscopy compared to NAATs in a more recent study
154 was only 16%.⁹
 - 155 ○ Female urethral and cervical microscopy is therefore not routinely
156 recommended, although may be helpful in facilitating early presumptive
157 diagnosis in high risk patients (Grade 1C).

158

- 159 • **Rectum and pharynx**
- 160 ○ Ano-rectal smears and microscopy should be offered if rectal symptoms are
- 161 present (Grade 1C).¹⁰
- 162 ○ The sensitivity of microscopy for detecting asymptomatic rectal infection is
- 163 low and is not recommended (Grade 1C).¹¹
- 164 ○ Microscopy of pharyngeal specimens is not recommended (Grade 1C).
- 165

166 **Nucleic acid amplification tests**

- 167 • NAATs are more sensitive than culture, particularly for oropharyngeal and rectal
- 168 sites.¹²⁻¹⁴ NAATs show high sensitivity (>95%) in both symptomatic and
- 169 asymptomatic infection.^{13,15,16} Therefore, although NAATs are not licensed for
- 170 use at extra-genital sites, their use is recommended.⁵
- 171 • Commercially available NAATs differ in their cross-reactivity to commensal
- 172 *Neisseria* species which may be present at significant levels, particularly in the
- 173 pharynx.¹⁷ It is recommended that laboratories confirm any reactive test with an
- 174 alternative molecular target if the positive predictive value of the initial test for
- 175 the population tested is less than 90% (Grade 1B).^{5,6,18} This is particularly
- 176 important for extra-genital specimens.
- 177 • Pooling of self-collected or clinician- collected rectal, pharyngeal and urine
- 178 samples from the same individual could provide cost savings. There is a small
- 179 evidence base with mixed results using different testing platforms, specimen
- 180 collection and pooling methods. The largest study to date has shown that pooling
- 181 of self-taken swabs has lower sensitivity for detection of *N. gonorrhoeae* from
- 182 pharyngeal sites, when compared with single site testing.¹⁹ Any service
- 183 considering the implementation of pooling should perform appropriate clinical
- 184 evaluation.
- 185
- 186 • **Penile urethra**
- 187 ○ NAATs show equivalent sensitivity in urine and urethral swab specimens from
- 188 cisgender men although a first-pass urine is the preferred sample.^{6,20}
- 189

190 • **Female urethra and endocervix**
191 ○ Self-collected or clinician-collected vulvovaginal swabs perform better than
192 endocervical swabs and significantly better than urine for cisgender women.⁵
193 ,^{6,8,21-23} Vulvovaginal swabs are therefore recommended as the optimal
194 specimen (Grade 1A).

195

196 • **Rectum and pharynx**

- 197 ○ Infection can occur at multiple sites and an individual can be infected with
198 more than one strain of *N. gonorrhoeae*.²⁴⁻²⁶
- 199 ○ Rectal and pharyngeal sampling should be routine in all men who have sex
200 with men (MSM), as recommended by the [BASHH guideline on the sexual](#)
201 [health care of MSM](#), considered in women who are sexual contacts of
202 gonorrhoea and be guided by an assessment of risk and symptoms in
203 everyone else.²⁷⁻²⁹
- 204 ○ Oropharyngeal infection is more difficult to treat.³⁰⁻³³ Therefore, people with
205 genital gonorrhoea should have pharyngeal sampling if either of the following
206 apply (Grade 1D):
- 207 i. Infection may have been acquired in the Asia-Pacific region and
208 susceptibility results are not available. This is because of high levels of
209 antimicrobial resistance in that region³⁴⁻³⁷ which may lead to
210 treatment failure
 - 211 ii. Genital infection with a confirmed ceftriaxone resistant strain

212

213 **Culture**

- 214 • The primary role of culture is for antimicrobial susceptibility testing, which is of
215 increasing importance as antimicrobial resistance in *N. gonorrhoeae* continues to
216 evolve and spread.
- 217 • Specimens for culture (urethral, endocervical, neovaginal, anorectal and
218 pharyngeal swabs) should be taken alongside NAATs from people suspected
219 clinically of having gonorrhoea, and from sexual contacts.⁵

- 220 • All individuals with gonorrhoea diagnosed by NAAT should have cultures taken
221 for susceptibility testing prior to treatment (Grade 1D).
222 • For culture, the sensitivity depends on several factors including time from sample
223 collection to plating. Services should seek to minimise this time whether by
224 direct plating in the clinic or use of transport media with prompt transfer for
225 plating in the laboratory.

226

227 **Considerations for people following gender reconstructive surgery (GRS)**

- 228 • The susceptibility of a site to gonococcal infection is likely to be related to the nature
229 of the reconstruction, with sites constructed from mucosal tissue (e.g. from the
230 vaginal or bowel mucosa) being more susceptible than sites constructed from skin.
231 • Gonococcal infections of the urethra³⁸, sigmoid neovagina³⁹ and penile skin-lined
232 neovagina^{40,41} have all been reported following GRS. Gonococcal infections of the
233 neopenis are rare.
234 • The sensitivity of microscopy for the diagnosis of gonococcal infection of the
235 neovagina and neopenis is not known. Examination of a Gram-stained smear
236 from a bowel segment neovagina may facilitate a presumptive diagnosis of
237 gonorrhoea and could be considered (Grade 1D).
238 • We recommend that optimal genital testing in transgender women at risk of
239 gonorrhoea should include swabs from the neovagina and first-pass urine (Grade
240 1D).
241 • We recommend first-pass urine as the specimen of choice from people with a
242 neopenis (Grade 1D). Where the vagina is still present following GRS a vaginal swab
243 should be considered as directed by the sexual history and symptoms.
244 • Extragenital testing should be guided by sexual history and symptoms.

245

246 **Testing for other STIs**

247 Approximately 19% of patients with gonorrhoea have concurrent *C. trachomatis*
248 infection.⁴² Testing for other STIs should be undertaken according to BASHH STI
249 testing guidelines.⁴³

250

251 **Timing of testing**

252 Infection cannot be ruled out in individuals who test within two weeks of sexual
253 contact with an infected partner. Therefore, it is recommended that patients return
254 for repeat testing after this window period if epidemiological treatment is not given
255 (Grade 1D).⁴⁴

256

257 **MANAGEMENT**

258 **General advice**

259 Patients should be given a detailed explanation of their condition with particular
260 emphasis on the long-term implications for the health of themselves and their
261 partner(s). This should be reinforced, if necessary, with clear and accurate written
262 information (Grade 1D). Patients should be advised to abstain from sexual
263 intercourse until seven days after they and their partner(s) have completed
264 treatment (Grade 1D).

265

266 **Treatment**

267 **Indications for therapy:**

- 268 1. Identification of intracellular Gram-negative diplococci on microscopy;
269 2. A positive culture for *N. gonorrhoeae*;
270 3. A confirmed positive NAAT for *N. gonorrhoeae*;
271 4. Sexual partner of confirmed case of gonococcal infection (See section below
272 on Sexual Partners);
273 5. Treatment should be considered on epidemiological grounds following sexual
274 assault (see [BASHH Sexual Assault guideline](#)).

275

276 **Treatment of uncomplicated ano-genital and pharyngeal infection in adults**

277

278 **When antimicrobial susceptibility is not known prior to treatment:**

279 Ceftriaxone 1g intramuscularly as a single dose (Grade 1C)

280

281 **When antimicrobial susceptibility is known prior to treatment:**

282 Ciprofloxacin 500mg orally as a single dose^{45,46} (Grade 1A)

283 The prevalence of ciprofloxacin resistance in the UK is high (33.7% in 2016).⁴²
284 Therefore, we only recommend considering ciprofloxacin as first-line treatment if
285 phenotypic or genotypic antimicrobial susceptibility data indicates susceptibility to
286 ciprofloxacin at all suspected sites of infection. Molecular testing for *gyrA* gene
287 mutations of NAAT positive gonorrhoea samples is feasible to identify patients who
288 could be treated with ciprofloxacin^{26,47,48} although commercial tests are not
289 currently available in the UK.

290

291 **The move to ceftriaxone monotherapy represents a major change from the 2011**
292 **guideline.** There is a lack of high quality evidence regarding the best strategy to
293 delay the emergence of resistance. However, for the reasons outlined below,
294 monotherapy is recommended. A high level of vigilance through use of culture,
295 follow up of patients and test of cure coupled with maintenance of strong
296 surveillance is vital in order to monitor the impact of this approach.

297

298 **1. The dose of ceftriaxone has been increased from 500mg to 1g**

- 299
- 300 • The prevalence of ceftriaxone resistance (MIC >0.125 mg/L) is very low in
301 England and Wales, however, there has been an increase in the modal
302 ceftriaxone MIC distribution (i.e. an increase in the proportion of isolates
303 with reduced susceptibility).^{42,49}
 - 304 • Ceftriaxone resistant isolates have been identified in the UK^{31,32} and
305 globally.⁵⁰⁻⁵⁴ The UK cases, which were resistant to both ceftriaxone and
306 azithromycin (including one case of high-level azithromycin resistance, MIC
307 ≥256mg/L), had epidemiological links to the Asia-Pacific region where
308 significant levels of reduced susceptibility and resistance to ceftriaxone have
309 been reported.^{34,35}
 - 310 • Although a lower dose of ceftriaxone would be adequate to treat the
311 majority of gonococcal strains that are currently circulating in the UK, data
312 suggest that ceftriaxone 1g would be more effective against most isolates
with increased MICs.⁵⁵

313 • Therefore, in an attempt to ensure successful treatment of strains with
314 reduced susceptibility, the recommended dose of ceftriaxone has been
315 increased to 1g.

316

317 **2. Dual therapy with azithromycin 1g is no longer recommended**

318 • Azithromycin 1g was added to recommended therapy in 2011 in an attempt
319 to ensure successful treatment of infection with reduced susceptibility to
320 ceftriaxone.⁵⁵ Evidence to suggest synergy between cephalosporins and
321 azithromycin *in vitro* is inconclusive.⁵⁶⁻⁶⁰

322 • Since 2011 the prevalence of azithromycin resistance in the UK and globally
323 has increased (4.7% in GRASP 2016, 7.5% in Euro-GASP 2016).^{42,61-66} There
324 has also been sustained transmission of high-level azithromycin resistant *N.*
325 *gonorrhoeae* across the UK⁶⁷ and clusters reported elsewhere.⁶⁸

326 • Although some of the internationally reported ceftriaxone resistant isolates
327 are susceptible to azithromycin,^{50,51,54} a 1g dose of azithromycin may be
328 insufficient to clear infection. In a randomized control trial, the combination
329 of gentamicin 240mg IM with azithromycin 1g only cleared infection in 91%
330 of participants and did not demonstrate non-inferiority compared to
331 ceftriaxone 500mg IM with azithromycin 1g. This suggests a 1g dose of
332 azithromycin is insufficient to treat gonorrhoea.⁶⁹

333 • For infections with azithromycin MICs around the breakpoint (>0.5mg/L), a 2g
334 dose of azithromycin could potentially be more effective than 1g. However,
335 the 2g dose would not be effective against high-level azithromycin resistant
336 isolates. In addition, the incidence of gastrointestinal side-effects is higher
337 with 2g azithromycin and so this dose may not be acceptable to patients or
338 clinicians.⁷⁰

339 • With higher doses of azithromycin, the duration of sub-MIC levels at mucosal
340 surfaces is extended for up to four weeks.⁷¹⁻⁷³ If a patient is reinfected with
341 gonorrhoea during this time period, this could potentially select for
342 azithromycin resistance.

343 • Other reasons for avoiding azithromycin in the treatment of gonorrhoea
344 centre around antibiotic stewardship in sexual health more generally,

345 particularly the fears of accelerating the induction and spread of resistance in
346 other STIs such as *Mycoplasma genitalium* and *Treponema pallidum*.

347

348 **3. Use of ciprofloxacin first line when infection is known to be susceptible**

- 349 • Using alternative antibiotics where appropriate can reduce the selective
350 pressure which comes from the universal use of ceftriaxone and this may
351 delay the emergence of ceftriaxone resistance.^{48,74}

352

353 **Alternative regimens**

354 The following options have all been associated with treatment failure when used as
355 monotherapy particularly when used for pharyngeal infection,⁷⁵⁻⁷⁸ therefore it is
356 recommended to use dual therapy with azithromycin 2g where possible (Grade 2C).
357 Clinicians using alternative regimens for empirical treatment of gonorrhoea without
358 antibiotic susceptibility data are recommended to regularly review local and national
359 trends in gonococcal antimicrobial resistance.

360

361 Alternative regimens may be given because of allergy, needle phobia or other
362 absolute or relative contraindications. Third-generation cephalosporins such as
363 cefixime and ceftriaxone show negligible cross-allergy with penicillins.⁷⁹

364 Contraindications to the administration of ceftriaxone include hypersensitivity to any
365 cephalosporin or to any of the excipients listed in the product packaging or history of
366 severe hypersensitivity (e.g. anaphylactic reaction) to any other type of beta-lactam
367 antibacterial agent (penicillins, monobactams and carbapenems).⁸⁰

368

- 369 • Cefixime 400mg orally as a single dose plus azithromycin 2g orally (Grade 1B)
 - 370 ○ Only advisable if an intramuscular injection is contraindicated or refused
 - 371 by the patient. Resistance to cefixime is currently low in the UK.⁴²
 - 372
- 373 • Spectinomycin 2g intramuscularly as a single dose plus azithromycin 2g orally
- 374 (Grade 1B)

375 ○ Spectinomycin is not recommended for pharyngeal infection because of
376 poor efficacy.³⁰ In addition, spectinomycin may be difficult to obtain as it
377 is an unlicensed imported product.

378

379 • Gentamicin 240mg intramuscularly as a single dose plus azithromycin 2g orally
380 (Grade 1A)

381 ○ A large, UK-based, RCT examined the efficacy and safety of gentamicin for
382 the treatment of gonorrhoea.⁶⁹ This study used gentamicin in
383 combination with 1g of azithromycin. Microbiological cure (negative
384 NAAT two weeks after treatment) was achieved in 94% of urogenital, 90%
385 of rectal and 80% of pharyngeal infections. Another randomised trial used
386 a 2g dose of azithromycin in combination with gentamicin.⁸¹ This found
387 100% clearance of infection however, few extragenital infections were
388 included and culture was used to confirm clearance (i.e. it is likely to
389 overestimate the effectiveness).

390

391 • Azithromycin 2g as a single oral dose (Grade 1B)

392 ○ The clinical efficacy of azithromycin does not always correlate with *in*
393 *vitro* susceptibility testing⁸² and azithromycin resistance is high.⁴²

394

395 **Treatment of complicated infections**

396 **Gonococcal PID**

397 • Ceftriaxone 1g intramuscularly as a single dose in addition to the regimen chosen
398 to treat PID (see [BASHH PID guideline](#))

399

400 **Gonococcal epididymo-orchitis**

401 • Ceftriaxone 1g intramuscularly as a single dose in addition to the regimen chosen
402 to treat epididymo-orchitis (see [BASHH epididymo-orchitis guideline](#))

403

404 **Gonococcal conjunctivitis**

405 • Ceftriaxone 1g intramuscularly as a single dose (Grade 2D)

- 406 ○ There is a single study of the treatment of gonococcal conjunctivitis
407 conducted in twelve adults.⁸³ All were successfully treated with a single
408 dose of ceftriaxone.
409 ○ The eye should be irrigated with saline/water.
410 ○ If history of penicillin anaphylaxis or established cephalosporin allergy
411 then seek expert advice.

412

413 **Disseminated gonococcal infection**

- 414 • Ceftriaxone 1g intramuscularly or intravenous every 24 hours or
415 • Cefotaxime 1g intravenous every eight hours or
416 • Ciprofloxacin 500mg intravenous every 12 hours (if the infection is known to be
417 susceptible) or
418 • Spectinomycin 2g intramuscularly every 12 hours

419

420 Therapy should continue for seven days but may be switched 24–48 hours after
421 symptoms improve to one of the following oral regimens guided by sensitivities:

- 422 • Cefixime 400mg twice daily or
423 • Ciprofloxacin 500mg twice daily or
424 • Ofloxacin 400mg twice daily

425

426 **Pregnancy and breastfeeding**⁸⁴⁻⁸⁶

427 Pregnant and breastfeeding individuals should not be treated with quinolone or
428 tetracycline antimicrobials. The manufacturer of azithromycin advises use only if
429 adequate alternatives are not available. Pregnancy does not diminish treatment
430 efficacy.

- 431 • Ceftriaxone 1g intramuscularly as a single dose (Grade 1A) or
432 • Spectinomycin 2g intramuscularly as a single dose (Grade 1A)
433 ○ Spectinomycin is in the FDA pregnancy category B and therefore not
434 expected to be harmful and can be used if no suitable alternatives. It is
435 not known if it is excreted in breastmilk and should be used with caution
436 in those who are breastfeeding.

437

438 **HIV-positive individuals**

439 HIV-positive individuals with gonorrhoea should be managed in the same way as
440 HIV-negative individuals.

441

442 **SEXUAL PARTNERS**

443 **Partner notification**

444 Partner notification should be pursued in all patients identified with gonococcal
445 infection. Action and outcomes should be documented.⁸⁷

446

447 Partner notification should follow national recommendations⁸⁸:

- 448 • Male patients with symptomatic urethral infection should notify all partners
449 with whom they had sexual contact within the preceding two weeks or their
450 last partner if longer ago;
- 451 • Patients with infection at other sites or asymptomatic infection should notify
452 all partners within the preceding three months.

453

454 **Treatment of contacts**

455 Epidemiological treatment is not needed for all sexual contacts, and ideally
456 treatment should only be given to those partners who test positive for gonorrhoea.
457 However, an infection may be missed if a test is performed too soon after a potential
458 exposure. The time between exposure and a positive test result may vary depending
459 on a number of host, pathogen and diagnostic factors. Therefore, in order to reduce
460 the unnecessary use of antibiotics, we recommend the following:

- 461 • For those presenting after 14 days of exposure we recommend treatment
462 only following a positive test for gonorrhoea.⁸⁹
- 463 • For those presenting within 14 days of exposure we recommend considering
464 epidemiological treatment based on a clinical risk assessment and following a
465 discussion with the patient.

466

467 **FOLLOW-UP AND TEST OF CURE (TOC)**

468 All patients diagnosed with gonorrhoea should be advised to return for TOC with
469 extra emphasis given to patients:

- 470 1. With persistent symptoms or signs
- 471 2. With pharyngeal infection
- 472 3. Treated with anything other than first line recommended regimen when
473 antimicrobial susceptibility unknown
- 474 4. Who acquired infection in the Asia-Pacific region when antimicrobial
475 susceptibility unknown

476

477 Assessment after treatment may be helpful to:

- 478 • detect treatment failure and emerging resistance
- 479 • confirm compliance with treatment
- 480 • ensure resolution of symptoms
- 481 • enquire about adverse reactions
- 482 • take a sexual history to explore the possibility of reinfection
- 483 • pursue partner notification and health promotion

484

485 **Method and timing of TOC**

486 A positive TOC could be due to treatment failure, reinfection or residual non-viable
487 organism and should be interpreted in the clinical context.

488

- 489 • Culture, performed at least 72 hours after completion of therapy, should be used
490 if symptoms or signs are present at time of TOC.⁹⁰
- 491 • NAAT should be used if asymptomatic, followed by culture if NAAT-positive.
- 492 • The time to a negative TOC using NAATs is variable and there are limited data to
493 inform optimum time to TOC. However, most individuals should be negative
494 seven days following treatment where an RNA NAAT is used and 14 days
495 following treatment when using a DNA NAAT.⁹¹
- 496 • We recommend TOC should be performed at an appropriate time depending on
497 the type of NAAT used (Grade 1B).

498

499 **Treatment Failures**

500 Cases of possible ceftriaxone treatment failure in England should be reported to
501 Public Health England using the on-line form:

502 <https://hivstiwebportal.phe.org.uk/login.aspx>

503

504 Only authorised users are permitted to access this secure website. All specialist
505 sexual health clinics should have access. If required, usernames and passwords can
506 be obtained from gumcad@phe.gov.uk

507

508 **AUDITABLE OUTCOME MEASURES**

- 509 • All individuals with gonorrhoea diagnosed by NAAT should have cultures taken
510 for susceptibility testing prior to treatment (performance standard 97%)
- 511 • Individuals treated for gonorrhoea should have a test of cure performed
512 (performance standard 97%)
- 513 • Individuals diagnosed with gonorrhoea should be tested for all sexually
514 transmitted infections including HIV (unless previously diagnosed with HIV)
515 (performance standard 97%)
- 516 • Individuals diagnosed with gonorrhoea should have partner notification carried
517 out in accordance with the BASHH statement on partner notification
518 (performance standard 97%)
- 519 • Individuals diagnosed with gonorrhoea should be offered information (written or
520 digital) about their diagnosis and management (performance standard 97%)
- 521 • Individuals diagnosed with gonorrhoea should receive first-line treatment or the
522 reasons for not doing so documented (performance standard 97%)
- 523 • Cases of possible treatment failures with ceftriaxone should be reported to
524 Public Health England (performance standard 97%)

525

526 **QUALIFYING STATEMENT**

527 Decisions to follow these recommendations must be based on professional clinical
528 judgement, consideration of individual patient circumstances and available
529 resources.

530

531 All possible care has been undertaken to ensure specification of the correct dosage
532 of medication and route of administration. However, it remains the responsibility of
533 the prescribing clinician to ensure the accuracy and appropriateness of the medi-
534 cation they prescribe.

535

536 **Time scale for next revision**

537 An author group will be invited by the BASHH CEG to review and revise the guideline
538 in 2023 using the BASHH framework for guideline development. However, addenda
539 may be issued sooner than 2023, particularly if relevant new data are available
540 relating to treatment or antimicrobial resistance.

541

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552

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